

An Óige Hikes Programme August 2026

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

RENEWALS OR NEW MEMBERSHIPS: OPTION 1

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

Important Notice

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE
NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE
PERMITTED TO PARTICIPATE ON THE HIKES.**

It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.

Unless otherwise stated, please observe the following:

WEAR:	HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES – Please note: Boots may be required for some easy hike locations. HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.
BRING:	<i>Optional Face Mask, Hand Sanitiser, Rainwear, Hat and Gloves, Gaiters and Flask (hot drink), Sandwiches, Simple First Aid Kit, Sunscreen Lotion, Sunglasses, Please cover up from damaging UV Rays to prevent Skin Damage while engaging in outdoor activities</i>
COVID-19 NOTICE	<i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i> <u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u> <i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i> <i>1. Have you had any symptoms of Covid 19 recently?</i> <i>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</i>
MEET:	All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.

BANKHOLIDAY SUNDAY 2nd August 2026	
SUITABLE FOR EASIER MODERATE/MODERATE HIKERS	
Route:	Bray to Kilmacanogue via Bray Head to Belmont Estate and Little Sugarloaf
Leader:	Tony McMahon (New Leader)
Transport:	Public Transport – meet Laughter Lounge, Eden Quay at 10.am
EASIER HIKE*	
Route:	Seapoint to Dalkey
Leader:	Deirdre Wilson
Meet:	Tara Street Station at 11.am sharp
MIDWEEK WALK: Thursday 6th August 2026	
Route:	Trip to Laytown and Mosney Wood Co. Meath
Leader:	Tom O'Loughlin
Bring:	Swimwear if weather permits
Meet:	Connolly Station at 10.45am for the 11.07am Drogheda Train
SUNDAY 9th August 2026 - Co-Ordinator on Eden Quay – David McCann	
MODERATE HIKE*	
Route:	Fentons – Banana Road – Camara Hill – Lugnaquilla Mountain – Clohernagh Ridge – The Lough Gap – Kellys Lough – Carrystick River track – Parish Bog Track – Drumgoff Carpark
Leader:	Udo Sap
Transport:	Special Bus : Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Knickeen Ford – Stranahely Wood – Table Track – Camenabologue (optional) – Baravore Track towards Glenmalure Hostel – Baravore Carpark
Leader:	David McCann
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
EASIER HIKE*	
Route:	Portmarnock to Malahide
Leader:	Olive Cowlard
Meet:	Connolly Station at 11.am sharp
MIDWEEK WALK: Thursday 13th August 2026	
Route:	Swords Estuary to Portmarnock
Leader:	Fiona Byrne
Meet:	Irish Life Mall, Lower Abbey Street at 10.45am sharp
SUNDAY 16th August 2026 - Co-Ordinator on Eden Quay – Marie McDonnell	
SUITABLE FOR EASIER MODERATE/MODERATE HIKERS	
Route:	Laragh – Bookey's Bridge - Ballard – Trooperstown Hill – Avonmore Way – Kilafin – Laragh East (optional) - Paddock Hill – Dry Hill – Wicklow Way – Laragh (Lynham's Pub)
Leader:	Garry Byrne
Transport:	Special Bus : Cost €20.00 per person.

Sunday 16th August 2026 Co. Longford – Special Interest Day		
Event Venue:	Corlea Visitor Centre, Co. Longford – Visit one of Ireland’s Hidden Heartland Treasures where part of an Iron Age Trackway, the largest of its kind in Europe, has been uncovered. This 18-metre stretch of incredible ancient oak road built circa 148 BC is housed in the centre along with exhibits and audio – visual displays. Enjoy scenic walking trails across the preserved boglands. Walk along part of the Royal Canal and Famine Way from the Centre to Mosstown Harbour	
Evening Meal:	Finish the day with an optional meal (carvery) in Longford Arms Hotel Half Portion €14.50 or Full Portion €17.50	
Transport:	Special Bus * Cost €25.00 per person.	Please note: No Booking required
Meet:	Laughter Lounge, Eden Quay for 10.30am sharp	
Leader:	Ann Prendergast	
MIDWEEK WALK: Thursday 20th August 2026		
Route:	Walking in the Glen of the Downs	
Leader:	Pat Gallagher	
Meet:	Busaras at 10.am for the next 133 Wicklow Bus	
SUNDAY 23rd August 2026 - Co-Ordinator on Eden Quay – Des Whelan		
MODERATE HIKE*		
Route:	Ballylug Bridge – Clara Vale – Avonmore River – Cronybyrne – Ballinastraw – Carrick Mountain - Glenealy	
Leader:	David McCann	
Transport:	Special Bus * Cost €20.00 per person.	
EASIER MODERATE HIKE*		
Route:	Cronybyrne – Ballinastraw – Carrick Mountain - Glenealy	
Leader:	Brian Madden	
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.	
EASIER HIKE*		
Route:	Avonmore River and Avondale Estate	
Leader:	Des Whelan	
Transport:	Special Bus : Cost €20.00 per person. These three hikes will share the same bus.	
MIDWEEK WALK: Thursday 27th August 2026		
Route:	Howth to the Summit and back to Howth	
Leader:	Mary Moloney	
Meet:	Connolly Station at 10.45am sharp. Please note: H3 Howth Summit bus from lower Abbey Street at 10.52am if wishing to avoid hiking up to summit.	
SUNDAY 30th August 2026 - Co-Ordinator on Eden Quay – Ita O’Hanlon		
MODERATE HIKE*		
Route:	Noel Lemass Memorial – Featherbed Track – Kippure Mountain – The Lough Brays track – track towards McGuirk’s former tearooms – Glencree Visitor Centre	
Leader:	David McCann	
Transport:	Special Bus * Cost €20.00 per person.	

EASIER MODERATE HIKE*		
Route:	Noel Lemass Memorial – Track towards Glendoo Mountain – Knocknagin – Glencullen Mountain – O’Toole Rocks – Neal’s Quarry – Oldboleys –Glencree Centre	
Leader:	Ita O’Hanlon	
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.	
EASIER HIKE*		
Route:	Dunlaoghaire to Killiney Obelisk via the Metals and Dalkey – Return to Dunlaoghaire via Metals	
Leader:	Mary Moloney	
Meet:	Connolly Station at 1045am sharp	
Dates for your Diary		
Saturday 8th August 2026		
Day Trip to Johnstown Castle Co. Wexford		
Transport:	By Train from Connolly Station to Wexford Town and onwards by15 minute Local Link bus journey to Johnstown Castle. <u>Return train 18.21pm to Dublin</u> Please Note: Free Travel Passes cover all transport requirements	
Meet:	7.30am at Connolly Station ticket barrier for the 7.55am Rosslare train to Wexford town to connect with Local Link Bus to Johnstown Castle.	
Cost :	€12.00 per person for a group of 10 or more. Includes entry to Castle, Museum and gardens	
Booking:	Confirmation required by 20 July or as close as possible to that date.	
Contact No.	<u>Contact Breda McNamara at 0879816518 for more information or to confirm booking</u>	
Sunday 16th August 2026 Special Interest Day, Corlea Visitor Centre, Co. Longford		
Please see all relevant details under above (HIKE) activities itinerary for Sunday 16 August 2026		
Transport:	Special Bus * Cost €25.00 per person. Meal options - No Booking required	
Leader:	Ann Prendergast	<u>Please Note: Meeting Time 10.30am sharp Laughter Lounge, Eden Quay</u>
Wednesday 19th August 2026		
Venue:	Gate Theatre “Brightening Air” by Colm McPherson – Story of farming family in rural Ireland.	
Times:	Matinee starting at 2pm	Meet: 1.30pm – Booking: try for rows A-D
Cost:	Prices from €20.00 - - €41.50	
Organisers:	Breda McNamara and Mary Bell	
Wednesday 26th August 2026		
Event Venue:	Irish Film Institute (Strawberry Club) Please Note: Showing to be confirmed later – Contact Number: 01 6793477	
Meet:	10.45am (film starts at 11.00am sharp)	
Cost:	€5.00 (members) €6.95 for non-members	
Organisers:	Breda McNamara and Mary Bell	